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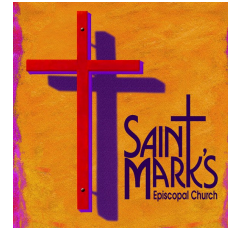
The Messenger of St. Mark's | After Pentecost | Sept. 5, 2024

For your thought:

Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. --Mark 7:34-35

[Study this Sunday's Readings.](#)

Lectionary Note: From 6/2 until Advent (12/1), we will be reading from Track 1 for our Old Testament readings - Psalms, Epistle and Gospel readings will be from Track 2.



WORSHIP CORNER



Worship on Sunday is both in person and virtually, every week at 9:30 a.m. We live stream Sunday liturgies on our [Facebook](#) & [YouTube](#) channels.

Also, we offer a Midweek Eucharist every Thursday at 11 a.m. that is both in person and on our live-streaming platforms.

[Orders of Worship](#)

This Sunday's Coffee Hour brought to you by:

The 2nd-Sunday-of-the-Month Team (all parishioners with the last names beginning with the letters F-L are asked to please bring ready-to-serve snacks to share this Sunday for Coffee Hour).



[All Offerings](#)

Useful links:

- [Fill out a form](#) to volunteer, donate altar flowers, fill out a new member/visitor form, and more!
- Access and/or edit your [Member Directory](#) information.
- To read or view [previous sermons](#), [click here](#).
- Schedule a meeting with Mother Sylvia [by clicking here](#).

Important Upcoming Dates:

- Sat., Sept. 7, 8-12 - Safe Church "Open House" (In person/Library)

- Sat., Sept. 7, Sat., 11 a.m., Church Unbound Sandwich Making (In person/kitchen)
- Sun., Sept. 8, 11 a.m., Bring Up Lunches for Church Unbound from Undercroft (In Person/Undercroft)
- Wed., Sept. 11, 6:20 p.m., Evening Prayer (In person, Nave)
- Sun., Sept. 15, 6 p.m., Storytelling Sharing Event (In Person/library)
- Sun., Sept. 29, 11 a.m., Pancake Breakfast (In Person/Parish Hall)

SAINT MARK'S MISSION, MINISTRY & OUTREACH

Saturday: Safe Church Training for All



Saturday, September 7, 8 AM – Noon - Safe Church "Open House"

Safe Church training is required for all of St. Mark's staff, clergy, volunteers, unpaid and paid clergy, vestry members, ministry leaders, ministry participants and church members. This training may be done alone, at your own pace, but it must be completed as soon as possible.

To try and facilitate a space in which you may do your training, drop in anytime on Saturday, Sept. 7, between 8-.noon. Come by for pastoral support and/or snacks, moral support, and/or company while you complete your online safeguarding modules. *(In-person/Library)*

[Click here to view the Safe Church information regarding roles and training modules and get started with completing your training.](#)

All Safe Church training certificates must be emailed to our Parish Administrator, [email here](#), upon completion.

St. Mark's Wednesday Evening Prayer - Fall 2024

Come Rest in a Valley of Silence and Song

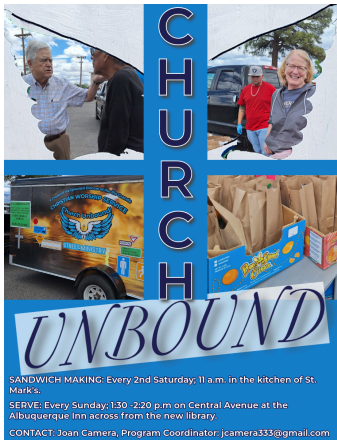
Wednesdays, 6:20-6:45 p.m., in person at St. Mark's
September 11th-October 30th.

Join St. Mark's choir member, Kirk Landin, for ~25 minutes of chanted prayer and contemplative silence in the church, Wednesday evenings in September and October. All are welcome!

Contact Kirk with any questions [via email here](#).



Church Unbound



St Mark's is making lunches Saturday Sep 7th for delivery on Sunday Sep 8th.

We need approximately six volunteers to make the lunches on Saturday 9/7/2024. We meet at 11am in the kitchen.

We will need approximately 6 volunteers to bring the lunches up from the Undercroft after the service on Sunday 9/8/2024.

Coming Up: Our next lunch preparation is Saturday 10/12/2024 at 11 a.m. in the kitchen of St. Mark's.

Any questions, please contact Joan Camera [via email here](#).

PUBLIC SERVICE ANNOUNCEMENT

It's Time to Get Your Updated COVID-19 Vaccine



The CDC and NM Department of Health recommend that everyone 6 months and older get the latest updated COVID-19 Booster. Schedule with your local pharmacy, or make an appointment through the NMDOH website, here: <https://vaccinereg.doh.nm.gov/>

GIVE TO ST. MARK'S



Give by mail (St. Mark's has a secure mailbox and is checked regularly). Send to: 431 Richmond Place NE, Albuquerque, NM 87106.



Give electronically through [By PayPal®](#).



Please consider checking the box that reads, "I'd like to add to my donation to help offset the cost of processing."



Give electronically through the [Diocese of the Rio Grande Parish Donation site](#) and check the box next to "Albuquerque-St. Mark's".

Just fill out the rest of the information and **click the Next button at the bottom of the page**. Please make sure fill out "special instructions or comment" to let us know how to apply your gift (e.g., pledge, congregational relief fund, etc.).

DIOCESE & BEYOND

LGBTQ+ Ministry of the DRG at Holy Cross, Edgewood

The LGBTQ+ Ministry of the Episcopal Diocese of the Rio Grande will meet **Sunday, Sept. 8, at 4:00 p.m.** at **Church of the Holy Cross, [367 NM-344, Edgewood, NM 87015](#)**. We will use the lovely grounds of Holy Cross for a cook out *BEFORE* the Eucharist.



Please note the starting time of the event. We will have social time at 4:00, eat at 4:30, and worship at 5:30. Everyone is welcome to attend. Invite your friends to join us. too!

Holy Cross will provide meat and veggie burgers, all the fixings, and non-alcoholic drinks. If you would like, please bring side dishes, desserts, and other drinks,

Holy Cross is only 22 miles east of Albuquerque from Tramway and I-40. (Directions: Drive east on I-40 19 miles to Exit #187, NM-344. Turn north on NM-344 and drive 3.5 miles to [Holy Cross](#).)

Our host parish has a beautiful setting. Let's show them how much we appreciate their hospitality with a great turnout.

If you have any questions, please contact us ([via email here](#)).

Mindful Christianity Retreat

Saint Francis Episcopal Church
presents

MINDFUL CHRISTIANITY



**A Retreat for You
and Your Family**

**Join other families and friends for a
contemplative retreat nestled in the
foothills of Santa Fe.**

**We will explore how mindfulness and
meditation can open us in new ways to
God's presence in our lives.**

**Together we will learn new practices,
enjoy recreational activities, and take a
step back from the busyness of life.**

**Friday Sept. 27
through
Sunday Sept. 29**

**Bishop's Ridge
(Camp Stoney)
Retreat Center**



Scan QR code to register
or go to stfepiscopal.org/register-for-events



All are welcome to join us for worship during our Thursday 11 a.m. midweek Holy Eucharists and our Sunday Holy Eucharists at 9:30 a.m. You may join us in person or on Facebook & YouTube.
Come as you are!

Email submissions should be sent (via email) to the Communications Specialist by 9:00 a.m. each Wednesday for inclusion on Thursday's e-news.

www.stmarksabq.org

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